## Spring 2024 Workshops Energise and Tune Up with BioSonic Tuning Forks

This one-day workshop – which counts for College of Sound CPD will cover:

1	Tuning Fork Basics - including advice on holding and best use practice
2	Body tuners (C&G) getting the best out of them
3	Use with Crystals and Space / Energy Clearing
4	The Angel Tuners - use of the 8th / 9th Octave as the gateway to the Angelic realms
5	The Octave Spectrum Set - understanding and use of sound intervals also use in chakra balancing
6	The Otto and OM Tuners including Sound and Vibration effects
7	Other tuning forks use / issues e.g. Brain Balancing and Brain Waves

The emphasis will be on the practical use of tuning forks. If you have tuning forks, please bring them with you. If you have not there will be BioSonic forks available for use at the workshop.

Day	Workshop Date	Venue	Post Code	Early Bird Booking	Local Organiser	Current Places (check website)
Sun	24 <sup>th</sup> March 2024	Briars Top, Habberley Road Kidderminster.	DY11 5PN	Friday 8 <sup>th</sup> March 2024	Keith Oddy 01562 741743 for advice	
Sun	12 <sup>th</sup> May 2024	Briars Top, Habberley Road Kidderminster.	DY11 5PN	Friday 26 <sup>th</sup> April 2024	Keith Oddy 01562 741743 for advice	

- ❖ Numbers limited to a maximum of 4 participants
- Bookings are firm 8 weeks before the workshop date. Substitutes can be made at any time. Cancellations 8 weeks to early bird date will receive a 50% refund. From Early bird booking date, no refund made.
- If cancellation within 2 days of the workshop, or an early transfer requested, a rebooking fee of £29 will be payable.
- ❖ Tea, coffee water refreshment will be available during the day.

Full fee £89 per workshop

## From: Telephone Address Post Code E-mail: Please reserve . . . . . per person Name(s): TF Workshop Date: Venue:

to Keith Oddy, Hillcrest, 94 Habberley Road, Kidderminster DY11 5PN

or if you prefer to pay by Credit Card request a telephone call or credit Card Details Yes / No Enquiries: 01562 741743 Website: <a href="www.hillcrest01562.co.uk">www.hillcrest01562.co.uk</a>

E-mail: info@hillcrest01562.co.uk

Early Bird booking at £75 per workshop

<sup>\*</sup> Please send this form with a cheque if it suits you, payable to EcoEnergies -